



Tatsfield Primary School – Dance Skills Progression

NC objective:

Perform dances using simple movement patterns

Year 1

- To respond to a range of stimuli
- To display an immediate response
- To choose appropriate movements made to create a short phrases and simple structures
- To show the understanding of dance, communicating ideas and unfolding character and stories
- To copy and perform simple phrases and rhythm patterns
- To choose and link appropriate movements

Year 2

- To demonstrate different rhythms and rhythmic patterns
- To repeat and remember the rhythms and patterns
- To perform whole dance which have a simple structure
- To demonstrate the ability to take the time to try different movements
- To remember and repeat movement phrases and patterns with some level of control and co-ordination
- To know what they need to warm up and cool down for dance
- To understand and talk about contrasting dynamic elements
- To observe each other dancing and identify and describe the different actions, relationships, formations and quality of performance

NC objective:

Perform dances using a range of movement patterns

Year 3	Year 4	Year 5	Year 6
<ul style="list-style-type: none">• To respond imaginatively to a strong stimuli• To create simple motifs which they can remember and repeat• To work in pairs using complementary movement• To observe movement against specific criteria• To understand and use acceleration and deceleration• To repeat, remember and perform the phrases in a dance	<ul style="list-style-type: none">• To display clarity of body shape• To link movements/sections together using appropriate transitional movement• To choose and use the appropriate dynamics• To use different group formations to interpret ideas• To demonstrate descriptive language when talking about dance• To perform basic dance actions with greater control, fluency and co-ordination• To copy and perform movement/rhythmic patterns• To show ways of performing in different group formations	<ul style="list-style-type: none">• To perform the sections of the dance showing clear changes in mood and feeling• To remember and perform the whole dance• To use a variety of rhythms• To change and vary the use of dynamics• To identify and suggest ways of improving the performance• To organise their own warm up exercise• To change and vary the use of relationships and perform with an awareness of both partner and group dances• To observe others dancing and comment constructively on compositional work	<ul style="list-style-type: none">• To perform with increased control/fluency and accuracy• To use a range of compositional devices; motif devices, repetition and group organisation• To choose appropriate movement and dynamics to reflect the idea• To create their work in the context of a whole dance• To warm up and cool down independently• To remember and perform complete dances• To observe each other in order to comment on the compositional work