



Tatsfield Primary School PE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	Games Focusing on using Beanbags Gymnastics Travelling	Games Focus on using a Ball Dance Icicles and water	Games Focus on using hoops & Quoits Gymnastics Stretching and Curling	Games Ropes, Bats and Balls Dance Blowing bubbles and the shaking puppet	Outdoor Adventurous Activities: Forest School Parachute Games	Athletics
Year 1	Games Focus on ball skills and games Dance Fog and Sunshine	Games Throwing and catching Gymnastics Flight - Bouncing, Jumping; Landing	Games Bat, ball skills and games Dance The Three Little Pigs	Games Developing Partnerwork Gymnastics Points and Patches	Athletics	Outdoor Adventurous Activities: Forest School Athletics
Year 2	Games Throwing and Catching Gymnastics Pathways, straight, zig-zag and curving	Games Making up games Dance – performance	Outdoor Adventurous Activities: Forest School Gymnastics Linking movements together	Games Dribbling, kicking and hitting Dance – choreography	Athletics Games Group Games & Inventing Rules	Athletics Rounders
Year 3	Games Ball Skills: Invasion Focus Gymnastics Stretching, Curling and Arching OAA - Forest School	Games Creative Games Making Dance The Eagle and the Fish OAA - Forest School	Games Net/Court/Wall Games Gymnastics Symmetry and Asymmetry OAA - Forest School	Games Striking/Fielding Games Dance Mechanical progress and the human engine OAA - Forest School	Rounders Athletics OAA - Forest School	Athletics OAA - Forest School
Year 4	OAA: Forest School Gymnastics Balance leading into change of front or direction and Balance	Tag Rugby Dance Giraffes Can't Dance	Swimming Gymnastics Rolling	Pop Lacrosse Dance English Country Dancing	Athletics: Rounders	Athletics: Basketball
Year 5	Games Net, Court and Wall Games Dance	Games Invasion and target Gymnastics Bridges	Games Invasion Games Dance Zumba	Outdoor Adventurous Activities: Forest School Gymnastics Flight	Games Striking and Fielding Athletics	Athletics Cricket
Year 6	Games Invasion Games – implement & kicking Dance Theseus and the minotaur	Outdoor Adventurous Activities: Forest School Gymnastics Counter-Balance and Counter-Tension	Games Net, Court and Wall Games Dance Rainforest	Games Invasion Games Gymnastics Canon and Synchronisation	Games Striking and fielding Games Athletics	Athletics Cricket

See separate progression documents for progression in each area of PE